SHALOM WORKSHOP PRESENTS







This 3-part hands-on workshop, rooted in Torah and psychology, helps couples build a solid foundation of relationship and communication skills. Participants strengthen their ability to establish and sustain lasting connections, trust, and mutual understanding in their relationships.

COMMUNICATE TO CONNECT WORKSHOP COVERS:

- Secure Attachment
- 🛛 Trust
- S Effective Communication
- ✓ Conflict Resolution,
- Second Se
- ✓ Relationship-building Stages

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